

EQUIFORUM BELGIUM 24
21 FEBRUARY 2024

Youth project



A presentation by the Topsport team of LEWB

Today's presentation

TOPICS

Topsport team

Pyramid

Detection

Adeps statute

What is expected of young people

Collaboration with schools

Youth follow-up



Topsport Team



SPORTS EXPERTS

Recognized at international level for their detection skills and their commitment to young athletes. They are also all qualified instructors or international officials.



TEAM LEWB

We organize all the activities and are present at all the organised sessions to provide information and advice to young athletes and their parents.



ADVISORS

Members of sport committees and national chef d'équipes, they can interview athletes or help identify new combinations for the higher level competitions.



NB

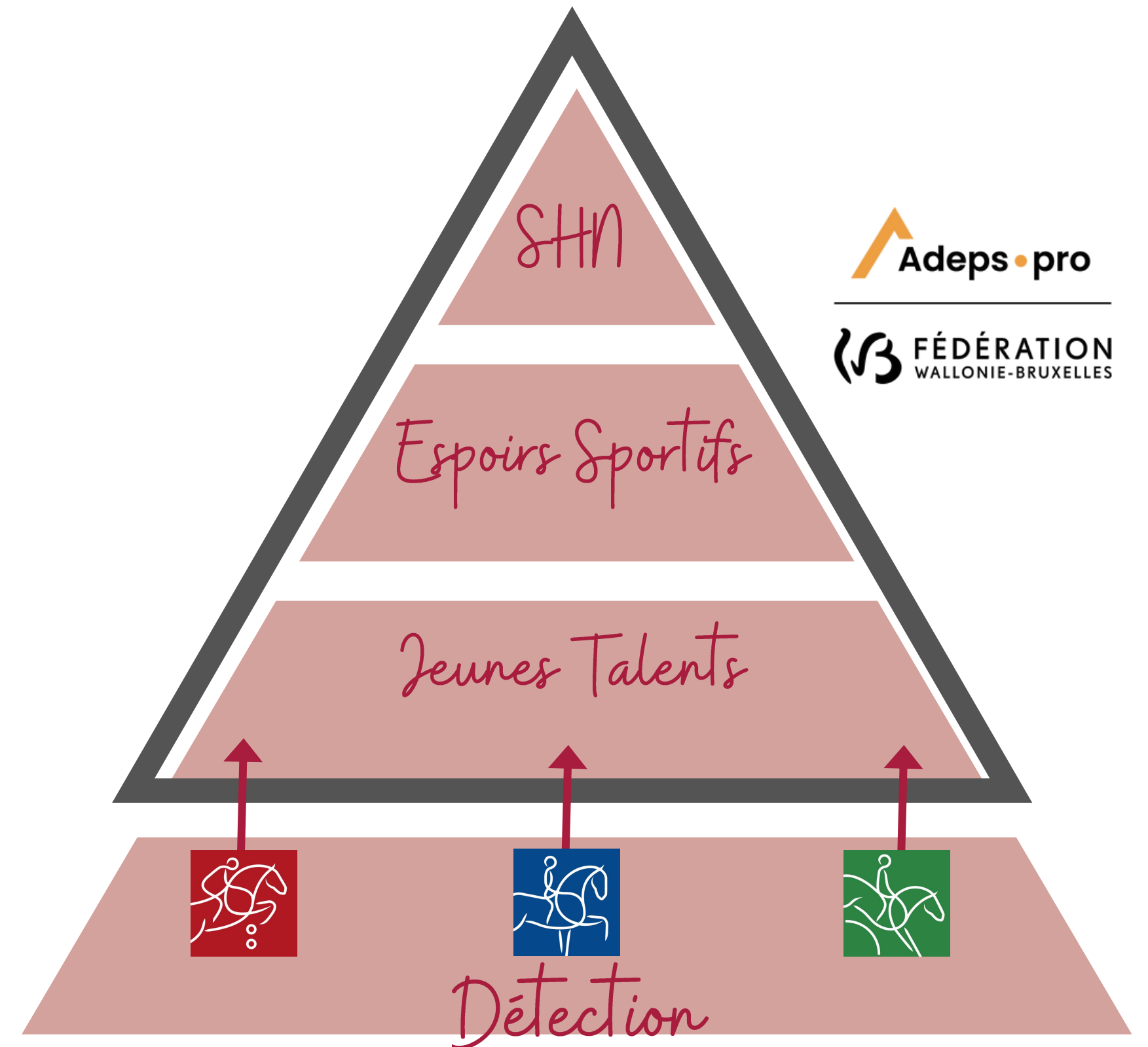
Experts and advisors are contractually bound to the LEWB not to "take on" athletes who have been detected as students, unless they have been trained prior to the detection. This is important to us in order to work in complete transparency with private coaches.

Pyramid

HIGH PERFORMANCE CULTURE

The aim is to better detect future top-level riders and above all to be able to better support them as they move towards JT or ES statute.

The goal is also to provide them the tools of a professional structure.



Detections



One-year cycle

- Show Jumping & Dressage at the end of the year
- Eventing at the beginning of the outdoor season (cross)

Selected riders will be mentored for a period of one sporting season (renewable).

Once detected, a real potential analysis will be carried out according to the raw talent, economic environment and the candidates' projects and ambitions.

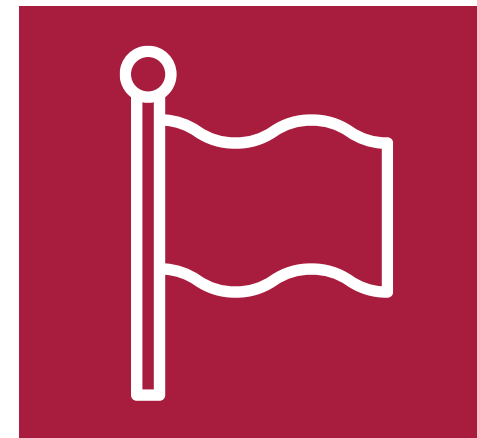
The detected riders will be given a number of objectives/challenges to achieve. The LEWB will stop cooperation and follow-up if riders do not show progress in terms of results/objectives achieved, and only after a period of reflection and evaluation of their individual development program.

Conditions of participation

GENERAL



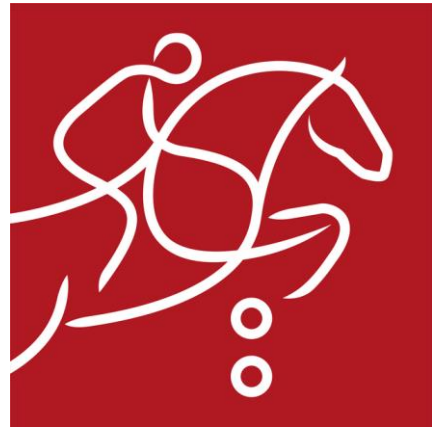
Age



Nationality



License



Height to show on a technically complicated course



Elements test to show



Dressage and XC elements + height to show

Conditions of participation

SPECIFIC

according to the athlete's age category

Adeps Statute

Esport Sportif (ES) & Jeune Talent (JT)

Depending on their level of performance, certain athletes in the 3 Olympic disciplines can benefit from a statute recognized by the Ministry of Sport and the Wallonia-Brussels Federation.

Why?

- Benefit from certain school accommodations/arrangements
- Training aids through physical trainers
- Mental coaching
- ...

Recognition criteria

lewb.be/sport-haut-niveau/statuts-adepts



Collaboration with schools

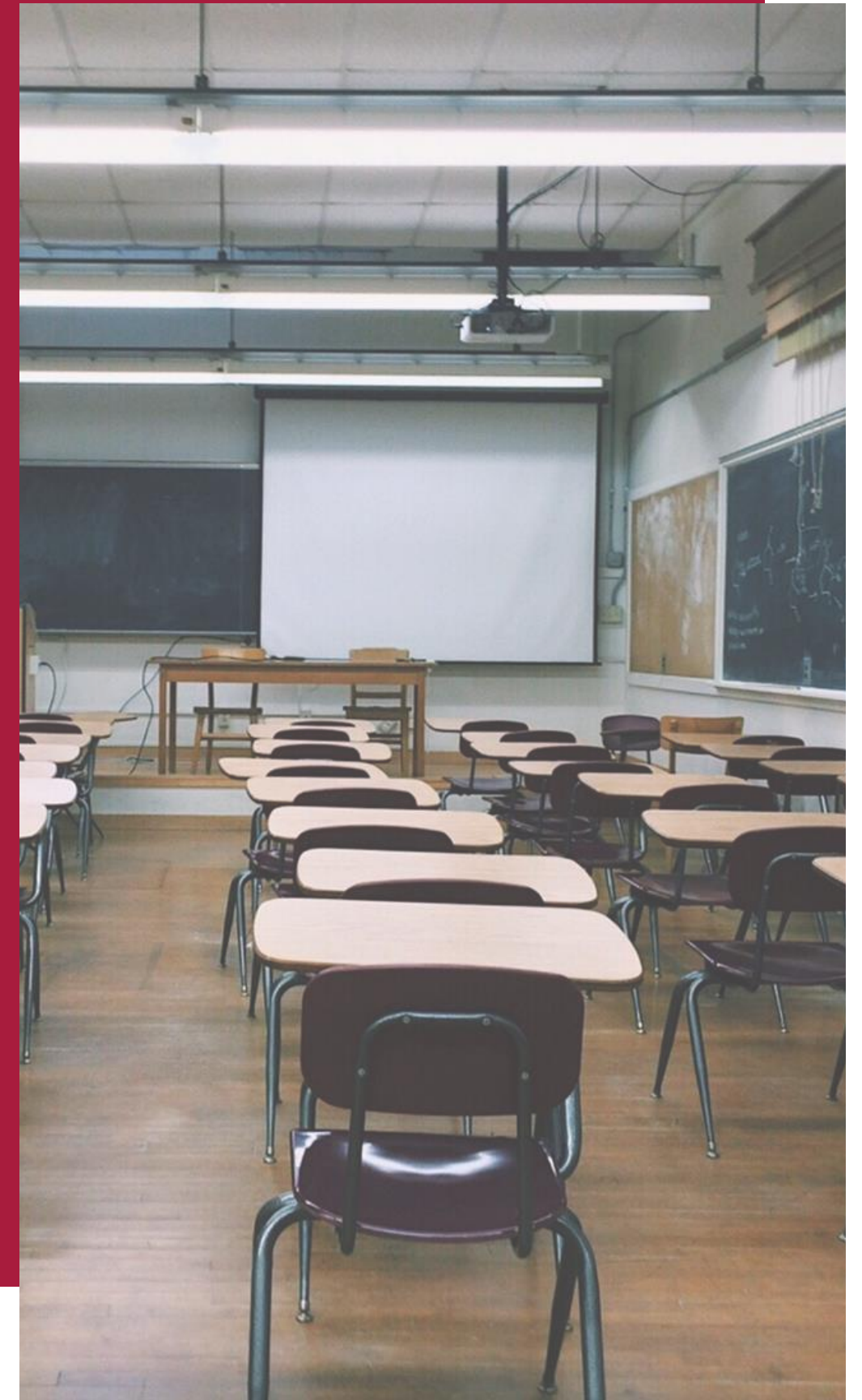
ATTEST

- Benefit from certain school arrangements.
- Please note that an attestation must be accepted by your school administration.
 - International competition or Belgian Championship
 - Equicadets training/activity

Contact us by email

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What do we expect of young athletes?

- Sports performance
- Wear the LEWB colors with pride
- Participation at organised sessions
- Transparent communication
 - Study
 - Health



Evaluation

- Program designed with objectives by discipline and age category
- Competitive performance



Youth follow-up

- Regular "rider-specific" physical training sessions with Gilles Berwart, LEWB physical trainer
- Conferences on mental coaching for sport with Héron Blanc



YOUTH FOLLOW-UP

- Training courses on equine nutrition - Cavalor
- Conferences on social media - Christophe Butstraen



Masterclass



Masterclass with internationally recognized coaches

- Dressage : Mariette Withages – Raphaël Saleh – Hans Vöser
- Eventing : Lara de Liedekerke – Virginie Caulier – Markus Döring – Chris Bartle
- Show Jumping : Frédéric Pirmolin – Albert Voorn – Bernard Mathy – Dominique Joassin
- The presence of the personal trainer at Masterclasses is always a plus.
- Collaboration between the private trainer and the Equicadets program is essential.

References

**Lara de
Liedekerke**

Eventing

**Constant Van
Paesschen**

Show Jumping

**Charlotte
Defalque**

Dressage

Max Thual

Eventing

Clémentine Lux

Show Jumping

Clara Collard

Dressage



CLOTHING & EQUIPMENT

Bodywarmer LEWB

Polo LEWB

Saddle pads LEWB

Horse care products

Equipment for physical training

Cavalor Vouchers

Riding rug LEWB

Goodies

Partners



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EMPOWER YOUR AMBITION

Empowered by

Cavalor

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EST. 1999



Dressed by

HFI & Kingsland



Supported by

Print 4 Student

DE L'ÉQUITATION DE LOISIR
JUSQU'AUX CHAMPIONS DU MONDE



#pasetonbrevet



*J'peux pas,
j'ai poney!*

200 clubs labélisés près de chez toi

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FÉDÉRATION WALLONIE-BRUXELLES

EQUI TV
L'émission de la LEWB

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Ligue Équestre Wallonie Bruxelles